



2018 ANNUAL SCIENTIFIC MEETING

New Zealand and Australian Associations of Musculoskeletal Medicine

Addressing Musculoskeletal Issues in the Young
All health professionals welcome

4-7 October, Heritage Hotel, Auckland.

KEYNOTE SPEAKERS



Sir Peter Gluckman

KNZM FRSNZ FMedSci FRS

Sir Peter Gluckman is a Professor at Auckland University Medical School, a paediatric endocrinology researcher and until 30th June 2018, Chief Science Advisor to the Prime Minister of New Zealand. Sir Peter's medical career has been largely in research and leadership. He spent 4 years as an Assistant Professor at the University of California in San Francisco and from 1991 Sir Peter was appointed Dean of the Faculty of Medicine and Health Sciences at the University of Auckland while continuing to lead an active research group of more than 60 people focused on developmental endocrinology and neuroscience. His special research interests are in the developmental origins of health and disease, epigenetics, the public understanding of science, evolutionary medicine and in the interface between human and pastoral animal biology.



Carolyn Broderick

MBBS FACSP PhD

Dr Carolyn Broderick is a senior lecturer in The School of Medical Sciences and a staff specialist in sport and exercise medicine at The Children's Hospital at Westmead, Sydney. Her research expertise is in the area of exercise prescription and assessment of physical activity in special paediatric populations. This has included increasing the physical activity and quality of life for children with a diverse range of serious diseases including haemophilia, cancer, diabetes, juvenile idiopathic arthritis and metabolic myopathies. Her other key research focus is in the area of musculoskeletal disease in children and adolescents.

KEYNOTE SPEAKERS



Patria Hume

BSc MSc (Hons) PhD

As AUT Professor of Human Performance, Patria is a leading expert on sports injury prevention, sports performance and biomechanics. She is a Fellow of the International Society of Biomechanics in Sports and gained the prestigious ISBS Geoffrey Dyson Award for her world contributions as a sports biomechanist in 2016. Patria is an editorial board member for journals *Sports Medicine* and *Sports Medicine Open*, and reviews for numerous journals including *Sports Biomechanics*, *British Journal of Sports Medicine*, *British Medical Journal*, *Physical Therapy in Sport*, and *American Journal of Sports Medicine*. During an ACC funded post-doctoral fellowship (1994-1996), Patria developed the 10-point plan for injury prevention (now known as SportSmart) which has subsequently been adapted for many sports nationally and internationally. Patria has been the lead researcher on projects for World Rugby on player health and protective equipment, for ACC on sport injury prevention, and for international and national sports organisations on sport performance and injury reduction including the Sydney 2000 anthropometry rowing and kayaking project. Prior to her career as an academic Patria was a world-class rhythmic gymnast and coach. She represented New Zealand for six years and then coached gymnasts who competed at Olympics and won medals at the 1990 Commonwealth Games.



Steve Bentley, Musculoskeletal Physician Te Anau, Fiordland

MBChB. Dip Obst. Dip MSM. Dip Sport
Medicine (London). FAFMM

Steve graduated from Otago University Medical School in 1974 and undertook post graduate training in the UK, including Sports Medicine. He was heavily involved with Otago Rugby, Highlanders and Otago NPC team as doctor for 5 years and was involved with many elite NZ National athletes. He became a Fellow of the Australasian Faculty of Musculoskeletal Medicine (FAFMM) in 2000 and has been a Vocational Registered Specialist Musculoskeletal Medicine since then, working full time providing

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specialist musculoskeletal services to patients of all ages in the lower South Island, including full clinical and radiological assessment, a wide range of treatments, manual therapy and comprehensive rehabilitation.

Since 2004 Steve has studied and completed post graduate rehabilitation courses to advanced level under Prof Pavel Kolar, Rehabilitation Unit, Charles University Prague, Czech Republic. This training is based on the work of Professors Vaclav Vojta, Vladimir Janda, Karel Lewit and Pavel Kolar since the 1950s. It includes a focus on genetically programmed motor patterns (Developmental Kinesiology), identification of abnormal motor patterns, restoring dynamic neuromuscular stability (DNS) and correcting motor patterns using Reflex Locomotor Stimulation.

Steve has competed in various sports including; tennis (represented Wellington, Poverty Bay and Otago), badminton and mountain running.



Ross Drake

BSC, MBChB, FRACP, FChPM, FFPMANZCA

Ross is a Paediatrician and Paediatric Palliative Care and Pain Medicine Specialist at Starship Child Health in Auckland. He leads both the Paediatric Palliative Care and Complex Pain Services at Starship as well as being the Clinical Lead of the Paediatric Palliative Care National Clinical Network.

In his Fellowship training Ross spent time with the Symptom Control Team at Great Ormond Street Hospital in London and the Pain and Palliative Care Service at the Children's Hospital at Westmead in Sydney where part of his fellowship was devoted to the psychological management of chronic pain in children.

Ross is always working toward improving the recognition of the needs for children requiring palliative care and children in chronic pain. He hopes increased recognition will see a boost in resourcing to enable equitable service delivery around New Zealand and see funding rise from its current appalling level.

KEYNOTE SPEAKERS



Lucy Holtzhausen

PG Dip MSM (Otago) M Pain (Newcastle) FAFMM

Lucy graduated from the University of Witwatersrand Medical School in 1987 and completed a two year postgraduate Honours degree in Sports Medicine at the University of Cape Town in 1992. She undertook research into the management of collapsed ultra-endurance athletes and the provision of best-care emergency medical practice at ultra-endurance athletic events whilst lecturing in the Departments of Anatomy and Physiology, Cape Town University between 1990 and 1999. Lucy immigrated to New Zealand in 2000 with her husband and two children. She completed with distinction her qualifications in Musculoskeletal Medicine and Pain and then completed her Fellowship training and has practiced as a Musculoskeletal and Sports Medicine Specialist in Auckland over the past 10 years. She was race medical director for the NZ Ironman triathlon event from 2003 to 2013. She also lecturers part-time in the Department of Musculoskeletal Medicine, Otago University. She has an interest in managing patients with general joint hypermobility (Ehlers-Danlos Syndrome type III).



Quentin Reeves

*Diagnostic Radiologist
MBChB 1984 Auckland, FRANZCR 1991*

Quentin is a Musculoskeletal Radiologist at both SRG and Auckland City Hospital. After completing the Radiology programme at Auckland, Quentin received his subspecialty training in MRI and musculoskeletal radiology at UCLA. He subsequently worked in Sydney in private practice and at Prince of Wales Hospital. He has a particular interest in MRI, musculoskeletal ultrasound and spinal procedures. Quentin is well respected within the medical community, with career highlights including working as a Radiologist at the 2000 Sydney Olympic Games.